



ELYSIUM WEALTH ADVISORS

LIFE INSURANCE & WEALTH PROTECTION GUIDE

2026/27 EDITION

Protect what matters most and plan for the unexpected.

LIFE COVER | CRITICAL ILLNESS | INCOME PROTECTION | KEY-PERSON COVER

Protection starts with the risk

Insurance planning is about protecting cash flow and family objectives when death, illness or inability to work disrupts the plan.

WHAT TO CONSIDER

- Quantify debts, ongoing family spending and future commitments.
- Separate short-term emergency reserves from long-term protection needs.

PLANNING FOCUS

- Check existing employer benefits before buying additional cover.
- Review cover after marriage, divorce, children, business changes or major borrowing.

ELYSIUM PLANNING POINT

The right approach depends on your objectives, time horizon, tax position, residence status and wider financial plan. Review the decision in context rather than in isolation.

Life cover, critical illness and income protection

Different policies solve different problems.

WHAT TO CONSIDER

- Life cover can provide a lump sum or income following death, subject to policy terms.
- Critical illness cover pays on specified conditions that meet the policy definition.

PLANNING FOCUS

- Income protection is designed to replace part of earnings during qualifying incapacity.
- Policy definitions, exclusions, deferred periods and indexation matter as much as headline cover.

ELYSIUM PLANNING POINT

The right approach depends on your objectives, time horizon, tax position, residence status and wider financial plan. Review the decision in context rather than in isolation.

Trusts and estate coordination

A life policy is property and can potentially be assigned or placed in trust. The right trust structure depends on the policy, beneficiaries and tax/legal position.

WHAT TO CONSIDER

- Trusts can affect who controls and benefits from policy proceeds.
- Review trust wording when beneficiaries or family circumstances change.

PLANNING FOCUS

- Coordinate policy ownership with wills and broader estate planning.
- Take legal and tax advice before altering an existing policy or trust.

ELYSIUM PLANNING POINT

The right approach depends on your objectives, time horizon, tax position, residence status and wider financial plan. Review the decision in context rather than in isolation.

Business and family protection checklist

Protection should be reviewed as part of the wider financial plan.

WHAT TO CONSIDER

- Family income and debt exposure quantified?
- Existing employer or business benefits confirmed?
- Policy ownership and beneficiaries correct?

PLANNING FOCUS

- Business key-person or shareholder protection needed?
- Premiums, exclusions and claim definitions understood?

ELYSIUM PLANNING POINT

The right approach depends on your objectives, time horizon, tax position, residence status and wider financial plan. Review the decision in context rather than in isolation.

Your next-step checklist

Use this as a discussion framework with your adviser; it is not a substitute for personal advice.

BEFORE YOU ACT

- ☐ Quantify debts, ongoing family spending and future commitments.
- ☐ Life cover can provide a lump sum or income following death, subject to policy terms.
- ☐ Trusts can affect who controls and benefits from policy proceeds.
- ☐ Family income and debt exposure quantified?
- ☐ Confirm relevant tax, legal and regulatory implications before making irreversible changes.
- ☐ Document the agreed action plan and review date.

Primary sources and further reading

- HMRC IHT Manual IHTM20141 - trusts of life policies
- HMRC IHT Manual IHTM20029 - life policies and estate treatment

Talk to Elysium Wealth Advisors

Spain +34 674 587 950

UK +44 74444 13087

France +33 7 54 05 63 86

Portugal +351 966 961 200

UAE +971 58 556 9461



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This guide is for general information only and does not constitute personal financial, investment, tax or legal advice. Tax treatment depends on individual circumstances and may change. Cross-border matters can depend on the law of more than one jurisdiction.

About Gary Day

Founder of Elysium Wealth Advisors | Senior Wealth Advisor

28+ YEARS

INTERNATIONAL FINANCIAL SERVICES

Experience shaped by discipline

Gary Day brings more than 28 years of international financial services experience across the United Kingdom, Europe and the Middle East. He began his professional career in the British Army before moving into financial services in 1990, developing a disciplined, structured and analytical approach that continues to shape his advisory work.

CLIENT FOCUS

International and expatriate clients navigating complex, multi-jurisdictional financial decisions with a need for clarity, precision and long-term structure.



GLOBAL PERSPECTIVE

Gary works with clients across the EU, the UAE and other international markets, supporting a geographically diverse client base. He is also involved in UAE-based estate planning structures through Elysium's regional operations.

Core areas of expertise

01 Cross-border financial planning

International residence, mobility and multi-jurisdictional considerations.

02 Estate & succession planning

Including UAE wills and structures intended to support orderly wealth transfer.

03 Pension structuring & transfers

Guidance informed by extensive pension and transfer-related professional education.

04 Investment portfolio design

Portfolio construction aligned to objectives, risk and time horizon.

05 Protection planning

Individual and corporate protection as part of a broader financial strategy.

ADVISORY APPROACH Clarity | Precision | Long-term structure

Professional qualifications

Industry-recognised qualifications and advanced specialist study

PROFESSIONAL QUALIFICATIONS

- 01** Level 4 Diploma in Financial Services - Institute of Financial Services
- 02** Financial Planning Certificate - Chartered Insurance Institute
- 03** CF2: Investment and Risk - Chartered Insurance Institute
- 04** Mortgage Advice Qualification - Chartered Insurance Institute
- 05** Equity Release Qualification - Chartered Insurance Institute
- 06** Long-Term Care Qualification - Chartered Insurance Institute
- 07** Level 6 Award in Pension Transfers - Institute of Financial Services

ADVANCED SPECIALIST TRAINING

- Professional Certificate in Hedge Funds - New York Institute of Finance
- Equity Portfolio Management - New York Institute of Finance
- Fixed Income Portfolio Management - New York Institute of Finance
- Foundations of Central Bank Law - KU Leuven
- Governance in the European Union - KU Leuven
- European Union Law - KU Leuven
- Contract Law: From Trust to Promise to Contract - HarvardX
- Public Debt, Investment, and Growth (DIG & DIGNAR Models) - International Monetary Fund
- Local Currency Bond Markets - International Monetary Fund

ISLAMIC FINANCE CERTIFICATIONS

Islamic Banking: Principles, Practice and Risk Management - Islamic Research and Training Institute

Islamic Insurance and Investment - Islamic Research and Training Institute

Career context

Gary has held senior advisory and leadership roles within FCA-regulated firms in the UK and has extensive experience working with high-net-worth individuals, internationally mobile professionals and expatriates.

One coordinated advisory framework

Designed to connect planning decisions rather than treat each financial issue in isolation.

What clients say

Independent client feedback highlighting clarity, service and long-term relationships

“ Gary provided an independent review and report on transferring two UK pensions for me. Gary's report was very detailed and clearly laid out the difference between old and new schemes, and highlighted everything I needed to know.

Verified Client

 Outside UK / United Kingdom

“ Thank you, Gary. You and your team were absolutely fantastic throughout the entire process. Your professionalism, expertise, and dedication made everything seamless and stress-free. I truly appreciate all your efforts and can't thank you enough. I will definitely be recommending your services to others.

Grant B.

 United Arab Emirates

“ For the last 10 years Gary Day has given us guidance and support in our portfolio management and planning for retirement. His approach is straight forward and there's been no hidden agenda. He presents things in an easy-to-understand way. Gary very knowledgeable, calm but enthusiastic to deal with. We value his advice.

Elaine P & John

 Hungary

Real people. Real results.

Let's build your future, together.

Trusted across borders

Client relationships, profile summary and contact details

“ Gary has been helping with my finances for many years, I have complete trust in his advice. My pensions have been managed, I have an ISA and a Bond, all based on the guidance Gary has provided. Can't recommend him highly enough.

Hannah G - Milton K

 United Kingdom

“ I am delighted to recommend my financial advisor, Mr. Gary Day. His expertise and professionalism in managing my portfolio have been invaluable. He provides insightful, reliable advice and is a dedicated, customer-focused communicator. I highly recommend his services to anyone seeking a knowledgeable and trustworthy financial advisor.

David B.

 United States

“ We were extremely impressed with the will preparation and coordination services provided by Gary Day and Elysium44. The whole process was clear, personable and professional from start to finish, with everything explained in a straightforward and reassuring manner. We were kept well informed throughout, and the service represented excellent value for money. We are very happy with the final results and would have no hesitation in recommending Gary and Elysium44 to anyone looking for a professional and reliable will preparation service.

Lee B

 United Arab Emirates

Profile summary

Gary Day combines more than 28 years of international financial services experience with a broad range of professional qualifications and specialist training. His work centres on bespoke financial strategies for expatriates, high-net-worth individuals and internationally mobile clients, with particular focus on cross-border planning, estate and succession planning, pensions, investments and protection.

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SPAIN
+34 674 587 950

UK
+44 7444 13087

FRANCE
+33 7 54 05 63 86

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+351 966 961 200

UAE
+971 58 556 9461

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